

Day/Date	1.2.18	2.2.18	3.2.18	4.2.18	5.2.18	6.2.18	7.2.18	8.2.18	9.2.18	10.2.18	11.2.18	12.2.18	13.2.18	14.2.18	15.2.18
Meal	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu
Breakfast	Hot Milk	Hot Milk	Hot Milk	Aaloo Paranthas	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Aaloo Parantha	Hot Milk	Hot Milk	Hot Milk	Hot Milk
	Cornflakes	Dalia	Poorie	Curd	Parantha	Cornflakes	Dalia	Chocos	Dalia	Corn flakes	Curd	Dalia	Chocos	Paranthas	Dalia
	B/B/J	Pakoda	Aaloo Subzi	Butter	Aaloo Subzi	B/B/J	B/B/J	B/B/J	Pakoda	B/B/J	Butter	Pakoda	B/B/J	Aaloo Subzi	B/B/J
	Cheese Omelette	Paushtik Poha	Boiled Egg		Butter	Fried Egg	Upma	Fried Idli with coconut chatni	Paushtik Poha	Upma		Paushtik Poha	Fried Idli with coconut chatni	Fruit	Boiled Egg
	Upma		Fruit			Paushtik Poha	Fruit	Boiled Egg		Fruit			Omelette		Fruit
Mid Morning snack	Pastries/Samosa	Pastries/Kachauri	Pastries/Bread Pakora		Masala Sandwich	Paneer Patties	Masala Patties	Paneer Patties	Kachauri	Pizza/Samosa		Pizza/Kachauri	Pizza/Bread Pakora	Muffins	Samosa
Lunch	Chapati	Chapati	Chapati	Poorie	Chapati	Chapati	Poorie	Chapati	Chapati	Chapati	Bhature	Chapati	Chapati	Chapati	Chapati
	Rice	Rice	Zeera Rice	Veg Pulao	Rice	Rice	Veg Pulao	Rice	Rice	Rice	Zeera Rice	Rice	Rice	Veg Pulao	Rice
	Arhar Daal	Kadhi Pakoda	Choley Masala	Paneer Butter Masala	Chana Daal	Kadhi Pakoda	Daal Makhani	Aaloo Cabbage	Kadhi Pakoda	Urad Daal	Choley Masala	Chana Daal	Kadhi Pakoda	Choley Masala	Arhar Daal
	Aaloo Cauliflower	Rajmah	Boondi Raita	Matar Mushroom	Lauki Adraki	Rajmah	Kadhai Paneer	Mixed Daal	Rajmah	Aaloo Cauliflower	Boondi Raita	Aaloo Capsicum	Rajmah	Aaloo Dahiwalwa	Aaloo Cauliflower
	Boondi Raita	Onion Salad	Laccha Onion Salad	Boondi Raita	Curd	Onion Salad	Boondi Raita	Raita	Onion Salad	Green Salad	Laccha Onion Salad	Curd	Onion Salad	Green salad	Raita
	Green salad	Fruit	Fruit	Salad	Green Salad	Fruit	Green Salad	Green Salad	Fruit	Mix veg raita	Ice Cream	Green Salad	Fruit	Gulab Jamun	Green Salad
	Fruit			Hot Gulab Jamun	Fruit		Gulab Jamun	Fruit		Fruit		Fruit			Fruit
Eve snack	Bhel Puri & Tea	Chana Chaat & Tea	Muffins & Tea		Aaloo Bonda	Moong Daal sprout chaat		Pastries & Tea	Tea & Bourbon biscuits	Peanut Masala & Tea		Chana Chaat	Bhel Puri & Tea	Moong Daal Sprout	Tea & Biscuits
Dinner	Parantha	Chapati	Chapati	Garlic Toast	Chapati	Chapati	Garlic Toast	Chapati	Chapati	Cheese garlic toast	Chapati	Chapati	Chapati	Chapati	Chapati
	Veg Pulao	Zeera Rice	Rice	Maggi	Kashmiri Pulao	Rice	Veg Hakka Noodles	Rice	Kashmiri Pulao	Pasta in white sauce	Rice	Rice	Rice	Rice	Rice
	Matar Paneer	Mixed Daal	Shahi Paneer	French Fries	Aaloo, carrot peas vegetable	Daal Panchmela	Egg Fried Rice	Matar Mushroom	Dry zeera aaloo	French fries	Mixed Daal	Moong Daal Chilka	Mixed Daal	Black Chana	Mixed Daal
	Whole Masoor Daal	Lauki Kofta	Daal Makhani	Veg Cutlets	Moon Daal Chilka	Palak Paneer	Veg Fried Rice	Aaloo Soyabean	Daal Makhani	Waldrof Salad	Malai Kofta	Aaloo Matar Paneer	Lauki Kofta	Mixed Vegetable	Paneer Adraki
	Salad	Salad	Salad	Fruit Custard	Salad	Salad	Veg Manchurian	Salad	Salad	Gulab Jamun	Egg Masala	Salad	Salad	Salad	Salad
	Gulab Jamun	Rice Kheer	Moong Daal Halwa		Besan Burfi	Sewai Kheer	Gajar Halwa	Suji Halwa	Boondi		Besan Burfi	Rice Kheer	Moong Daal Halwa	Gajar Halwa	Suji Halwa